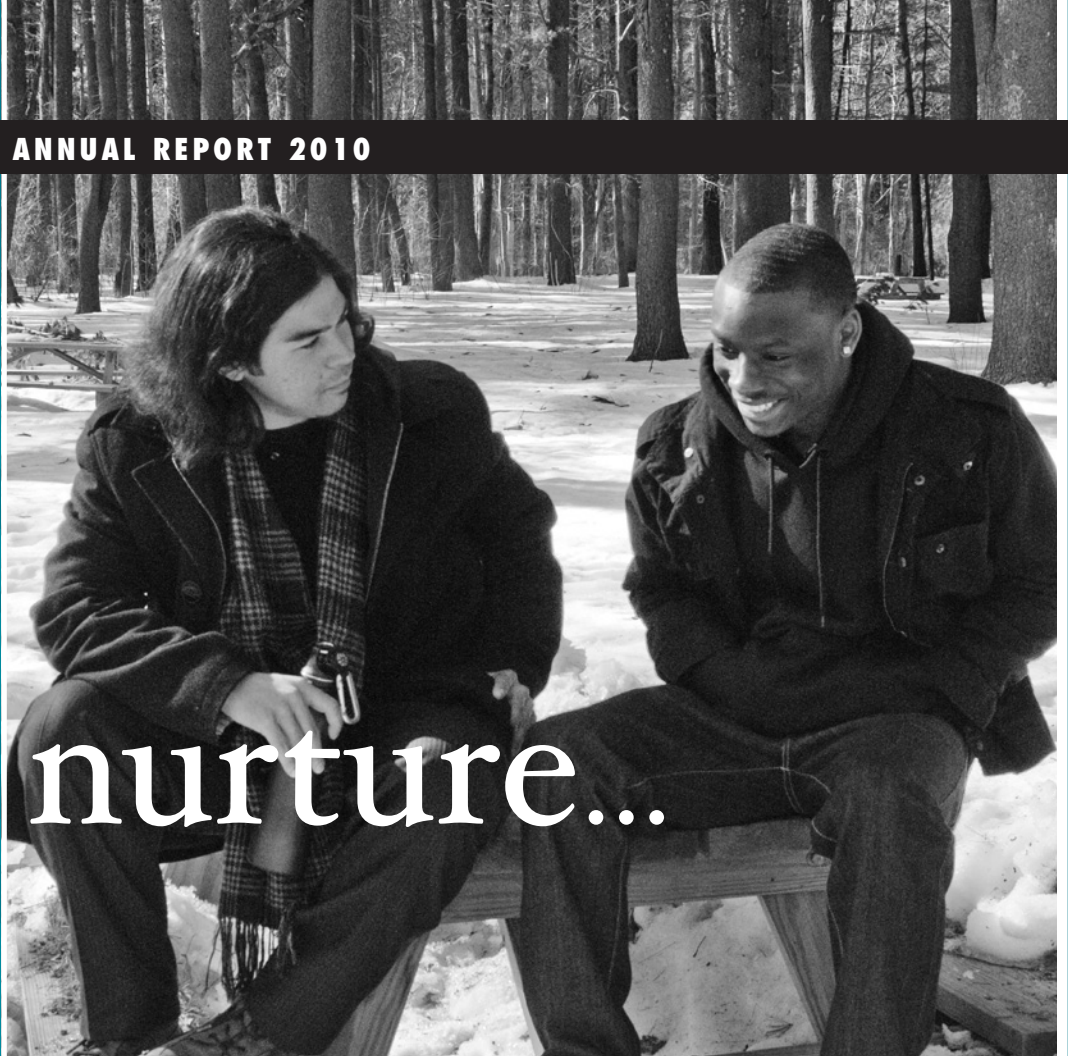


TIDES FAMILY SERVICES ANNUAL REPORT 2010

It is our
nature
to nurture...



Br. Michael's message

BROTHER MICHAEL REIS, FSC, MA, MSW, LICSW, Ed.D. (h.c.)

CHANGE IS IN THE WIND. At Tides, it begins through the forging of new partnerships with state departments, nonprofit agencies, legislators, community and corporate leaders for the benefit of our kids and their families.

And while the financial picture for the state and the nation is bleak, we see a glimmer of light at the end of the tunnel. In 2010, we cut the number of kids in the training school, setting in motion changes that will one day dramatically alter the way we help children and families who need our help the most. By returning high risk youngsters to the community, we are saving the state hundreds of thousands of dollars. It costs about \$10,000 for in-home treatment as opposed to \$100,000 for incarceration or residential placement.

It's a matter of dollars and good sense. With Tides programs in place, neighborhoods are safer, repeat crimes are fewer, and costs are much less. Three years ago, in the face of the worst phase of the economy, we took a chance and expanded our programs, and undertook massive rehabilitations of our crumbling buildings. If we hadn't taken this leap of faith, we wouldn't be where we are now.

Change happens when people are willing to see things in a different way and are willing to take risks. It is said that the longest journey begins with a single step. Tides is on a journey to change an ineffective system that often defeats the very people it was set up to protect.



Tides is on a journey to change *an ineffective system that often defeats the very people it was set up to protect.*

COVER PHOTO: Ricky Vides, a Lasallian volunteer and Tides Family Services caseworker, and Lavon, a Tides client, take a break to talk during a walk in the woods.

But we don't do it alone. We work in concert with state departments, local agencies, school departments and congressional leaders — all willing to face the challenges that come with change.

Our programs work and we are growing to meet an increasing demand, but we need you to help us. We need to provide these services to kids on the streets of our state's poorest communities. Kids and families in crisis can't wait. And we as a community can't afford to ignore the poverty and despair that surrounds us every day.

Please join us in making change possible, for our kids and their families — and for your kids and your family.



2010 HIGHLIGHTS AND ACCOMPLISHMENTS

TIDES EXPANDS SERVICES TO SOUTH COUNTY ▶

Preserving Families Network (PFN) expanded services for families in South County and is sharing office space at Tri-Town/South County Community Action located at 1935 Kingstown Road, Wakefield.

INNOVATIVE TECHNOLOGY OPENS NEW VISTAS ▶

Citizens Bank, Gilbane Company and Johnson & Wales University joined forces to provide assistance in upgrading Tides' website and computer software and hardware needs. One year in the planning, the state-of-the-art technology will be up and running in 2011.

BUILDING RENOVATIONS TO BE COMPLETED ▶

Tides' West Warwick building renovation will be completed in 2011. The site will house Tides' administrative staff, and a culinary program for clients.

HUD GRANT PROVIDES BUILDING REPAIRS

FOR PROVIDENCE SITE ▶ Received a HUD grant for \$340,900 for repairs to the Providence site.

PFN WELCOMES NEW PARTNERS ▶

Preserving Families Network (PFN) continues to expand with new partners including Family Services of Rhode Island, North American Family Institute (NAFI), Northern Rhode Island Community Services, and St. Mary's Home for Children.



TIDES IN SOUTH COUNTY: Tides Tracking Supervisor Melissa Brazil, with caseworkers Deyanira Caminero and Joel Watson are working with Miriam and her children Sarah and Alex to provide in-home services including daily support in South County.

FIRST YEAR FOR VIRTUAL LEARNING ACADEMY ▶

In its first year, the Reis-Norton Academy, was filled to capacity with 15 students. The academy, which graduated three students in June, is a virtual learning program with a full time teacher and is housed at the Pawtucket site.

STAFF ATTEND OHIO CONFERENCE ▶

Twenty staff members attended the Huether Conference in Cincinnati, Ohio. The conference focused on working with families.

A nature view awakens a Tides client

TIDES COLLABORATION WITH YEAR UP PROVIDES CLIENT WITH EDUCATIONAL OPPORTUNITIES

SOMETIMES IT'S THE SIMPLE THINGS IN LIFE THAT PROMOTE CHANGE — a sunrise view of Narragansett Bay, or the silent peace of hiking up the side of a mountain can open up possibilities for growth. For 20-year-old Lavon, getting up at dawn to view a sunrise awakened him to opportunities he never thought existed. “Before Tides, I was lost,” he said. “I was stuck between a life I was used to and a better way to live.”

“Before Tides, I was lost; just stuck between a life I was used to and a better way to live.”

Lavon was Tides caseworker Ricky Vides first client. The California native attended the University of California, Berkeley. In his second year as a Lasallian volunteer, Ricky tapped into Lavon's innate curiosity and gradually weaned him from early morning bouts at the gym to sunrises at the ocean. Referred to Tides through the Juvenile Justice system, Lavon had completed a semester of studies at Dean Junior College in Franklin, Massachusetts, but lack of finances forced him to drop out. Tides connected him with Year Up — a national one-year education and internship program for urban youths, 18 to 24, providing financial support and resources to further their educational and career goals. Year-Up, in partnership with Community College of Rhode Island — where Lavon is enrolled in a business and communications program — allows students to experience college in a nonthreatening environment.

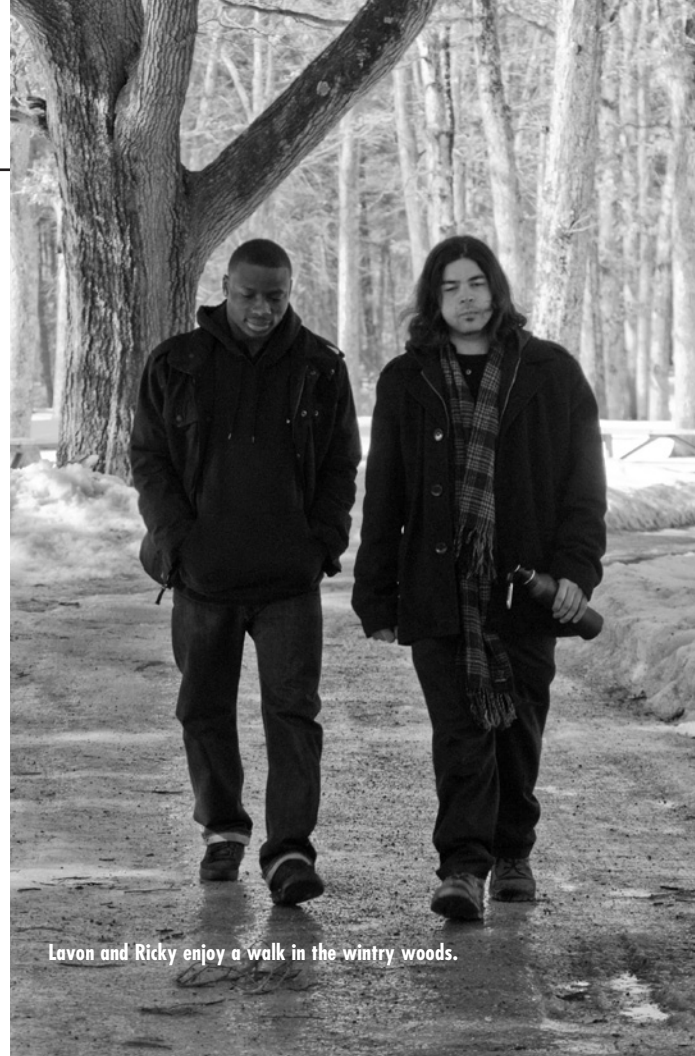
Lavon has also participated in Rhode Island Farm Fresh's Harvest Kitchen Program that feeds the homeless and teaches sanitary and culinary practices to the youth who market and sell the applesauce they create at a local farmers market. “Tides has kept me focused,” Lavon said. “It was the first program where staff kept their word and did everything they said they would do.” Ricky's

to opportunity

influence has played a monumental role in transforming Lavon's negative approach to life to one that is positive and hopeful: "He has given me a better understanding that everything doesn't have to be negative. And Ricky taught me lots of things, how to speak properly, how to be professional, how important it is to be on time..."

Ricky's volunteer service with Tides is completed in July. He will return to California and work on furthering his education through joint masters in public policy and juris doctor program. "My experience at Tides and mentoring Lavon has increased my understanding of people and has definitely influenced my decision to continue my education in public policy," he said.

For Lavon, Tides has taught him that he doesn't have to go it alone and that asking for help is a show of strength and not of weakness. "I don't know where I would be if it wasn't for Ricky and Tides," he said.



Lavon and Ricky enjoy a walk in the wintry woods.

Tides Family Services' Programs

365 DAYS A YEAR, 24 HOURS A DAY, 7 DAYS A WEEK... SERVING 500 YOUTH AND FAMILIES A DAY

TIDES FAMILY SERVICES PROVIDES QUALITY PROGRAMS 365 days a year, 24 hours a day, 7 days a week to high-risk youth and their families. We are committed to maintaining youth in the community by supporting and strengthening families, and helping youth to stay in school and out of trouble. With the valuable assistance of state and local agencies, nonprofits, corporations, and businesses large and small, Tides is committed to the challenge of meet-

ing the needs of the poor and disenfranchised in an ever-increasing demand for our services.



OUR PROGRAMS INCLUDE:

- Outreach and Tracking
- Preserving Families Network
- Alternative Education Programs
- Youth Transition Center/Youth New Futures
- Youth Outreach and Latino Outreach programs
- Educational Placement and Advocacy Counseling

Natalie Andrus, summer program supervisor, and a client make lunch.

Summer program lets kids be kids

TWO TEENAGERS ARE HUNCHED OVER A TABLE MOVING CHECKER PIECES across the red and black board. Another teen sits quietly reading a book. Outside on the cement pavement, a group of youngsters dip rubber-banded white tee-shirts in dye-filled bowls. This is a typical day at Tides' summer program, an off shoot of the out-of-school program that provides a multitude of programs for at-risk youth all year round.

Natalie Andrus, program coordinator says the summer program, which is in the Pawtucket/Central Falls site, is open to children in the Preserving Families Network (PFN) program. Upwards of 25 kids, ages 8 to 15, from communities throughout the state, take part in a multitude of activities designed for each age group. A highlight for the children and staff are the weekly field trips including picnics at Goddard Park, scavenger hunts at Lincoln Woods and miniature golf at Mulligan's Island in Cranston.

Cultural exchange is encouraged through menu planning and cooking: "We try different menus and learn about cultures through food," Natalie says. In its second year, the program runs July and August, three days a week. Transportation is provided by trackers, who also participate in the program.

"The adults and kids have formed an amazing community," says Natalie. "The purpose of the program is getting kids out of their homes, showing them role models and the opportunity to just be kids."



Working together on a puzzle or a game forges bonds between clients and staff.

Tides By The Bay 2010



TIDES SIXTH ANNUAL HUMANITARIAN AWARD GALA held in July at the Aldrich Mansion in Warwick Neck. Pictured here are attendees enjoying the sumptuous buffet.

MAJOR DONORS: GIFTS OF \$5,000 OR MORE

We gratefully appreciate the support of each and every one of our donors and acknowledge these major donors for their consistent support over the years.

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Printing for Tides publications is through the generosity of MAKROD Investment Associates, Inc., (973) 239-1033.

ANNUAL GOLF TOURNAMENT RAISES NEARLY \$30,000



In its sixth successful year, Tides Golf Tournament, held at the Rhode Island Country Club in Barrington, raised nearly \$30,000, which will help refurbish and renovate Tides' buildings. Above, golfers Jim Varin, Ted Keenaghan and Ed Zangari enjoy a day on the links. At right, Board of Trustee members Michael Tousignant and John Mailloux lend their support to the annual event.



Donations to Tides Family Services may be mailed directly to the Tides Development Office, 215 Washington Street, West Warwick, R.I. 02893, or by calling (401) 822-1360.

TIDES FINANCIALS

FISCAL YEAR JULY 1, 2009–JUNE 30, 2010

► REVENUE

DCYF PROGRAMS	\$5,654,906	74%
TUITION	1,463,881	19%
PUBLIC SUPPORT (NET)	539,444	7%
TOTAL	\$7,658,231	

► EXPENDITURES

DCYF PROGRAMS	\$5,433,207	74%
SCHOOL PROGRAM	1,608,921	22%
COUNSELING PROGRAMS	239,921	3%
OTHER	81,318	1%
TOTAL	\$7,363,36	

► SALARY EXPENDITURES

FUNDRAISING	1%
ADMINISTRATIVE	14%
DIRECT PROGRAM	85%

► PROGRAM EXPENDITURES

DCYF PROGRAMS	74%
SCHOOLS	22%
COUNSELING	3%
FUNDRAISING	1%

Demographics 2009–2010

► CLIENTS SERVED, BY COMMUNITY, GENDER AND AGE

ETHNICITY	WEST WARWICK	PAWTUCKET/ CENTRAL FALLS	PROVIDENCE	WOONSOCKET	TOTAL
African American	19	57	86	6	168
Asian	1	3	14	1	19
Cape Verdean	2	63	3	0	68
Caucasian	242	184	27	42	495
Hispanic	27	155	84	11	277
Native American	3	9	1	0	13
Portuguese	4	12	4	0	20
Other	69	78	19	21	187
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Females	156	224	77	45	502
Males	211	337	161	36	745
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Ages 6 to 11	24	11	9	6	50
Ages 12-15	144	216	31	34	425
Ages 16-18	156	311	167	39	673
Ages 19+	43	23	31	2	99
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Totals	367	561	238	81	1247

► **LANGUAGES SPOKEN BY CLIENTS** Cambodian: 7 | Creole: 18 | English: 1,019 | Spanish: 140 | Portuguese: 7 | Other: 56

► **AVERAGE DAILY CASELOAD** 494

► TOTAL CLIENT CASELOAD BY PROGRAM

Clinical Services.....	54
Home Based Clinical Services	171
Multisystemic Therapy	77
Tides Outreach & Tracking	156
Tides School.....	68
Youth Outreach Program	94
Youth New Futures	189
Preserving Families Network.....	307
PFN Outreach & Tracking.....	131
Total	1,247

► TIDES' CLIENT HOUSEHOLDS AT OR BELOW THE FEDERAL POVERTY GUIDELINES

Kent County	71%
Pawtucket/Central Falls.....	89%
Providence	90%
Woonsocket.....	88%

Board and Administrators

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Barbara DeCesare
DEVELOPMENT PLANNER



Beth Bixby, treatment program assistant vice president, and Sue Kershaw, vice president of the program, work the phones and laptops.



TIDES FAMILY SERVICES

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The mission of Tides Family Services, Inc., a Lasallian Agency committed to serving the poor, is to provide high-risk youth with comprehensive and preventative services that foster personal growth and stability to better connect them and their families and community. TEL 401.822.1360 | FAX 401.823.4694 | WEB www.tidesfs.org

CREDITS: Text/Photos: **SKL Communications** • Design/Layout: **Greenpoint Graphics** • Printing: **ABS Printing**