

## Our History

In 1982, Brother Michael Reis designed a program to preserve youth in their families and communities by providing support and services needed at critical times in their lives. In 1983, Tides Family Services (TFS) was incorporated as a 501(c)3 nonprofit organization. TFS started with a \$10,000 grant from the Diocese of Providence and a \$5,000 grant from the Governor's Justice Commission. TFS has been working ever since to ensure that no child is given up on or left behind. In 2018 Brother Michael Reis transitioned to Chief Visionary Officer and Beth Bixby was hired as new Chief Executive Officer.

## Our Vision

Tides Family Services will be the premier provider of a continuum of comprehensive and preventative services to vulnerable youth and families in the state of Rhode Island. We will be the provider of choice in delivering services that preserve and strengthen families and communities in which they live.



Beth Bixby, MSW, LISCW  
Chief Executive Officer

**Our work is rooted in the idea of home-grown hope made possible by providing support to youth and their families within their homes and communities.**

## Our Mission

Tides Family Services mission is to strengthen vulnerable youth and their families through the provision of high quality educational and community-based services animated by the Lasallian philosophy of care.

## Our Values

**Teamwork:** *Teamwork leads to shared success.* By leveraging our diverse strengths, we work together to achieve organizational success in sustainable and equitable manner. Team success is both the goal and reward.

**Respect:** *Respect is about valuing each and all.* We create and cultivate spaces where people feel safe to bring their presence and perspective to work. We do this by treating others the way they want to be treated.

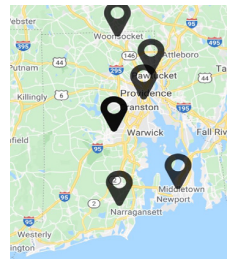
**Compassion:** *Compassion nurtures growth.* We show compassion by actively listening and creating opportunities for learning and growth. Compassionate feedback is a gift we choose to give.

**Accountability:** *Accountability is a shared commitment to excellence.* We hold ourselves and each other to our promises. We share responsibility and commit to what we help create. We ensure alignment through clear, constructive communication.



## For more information:

go to [www.tidesfs.org](http://www.tidesfs.org)  
call 401-822-1360  
email [contactus@tidesfs.org](mailto:contactus@tidesfs.org)



**We never give up  
on a kid...Never!**



## Our Programs

### Preserving Families Network (PFN)

PFN provides families with an array of intensive, community and home-based services that help avoid placing children in expensive and restrictive settings. PFN's largest component consists of Home Based Clinical Services (HBCS) serving children between the ages of 6 to 18 referred by DCYF, FCCP, or Court. In certain instances, HBCS also services the 18 to 21 age range.

### Functional Family Therapy (FFT)

Evidence-based model working with youth ages 10 to 18 and at least one caregiver. FFT utilizes behavioral and cognitive interventions to enhance family interactions to better understand how the presenting issue functions within their family system. The therapist assesses global family needs and other factors that may contribute to problem behaviors. Referrals are received from DCYF, FCCP, or Court.

### Youth Transition Center (YTC)

YTC is a unique collaboration between Tides Family Services, DCYF and the Rhode Island Training School (RITS) for youth, aged 13 to 19. YTC helps youth to prepare for release from the RITS or meet the conditions of their probation. It emphasizes responsibility and prevention strategies to avoid re-entry into the Juvenile Justice System.

### Tides Outreach Program (TOP)

TOP is a community and home-based program with a goal of family preservation and school completion with youth ages 6 to 18 referred by DCYF, FCCP, or Court.

### NEXO Behavioral and Mental Health Clinic

TFS in partnership with Community Care Alliance (CCA) established NEXO Behavioral and Mental Health Clinic to deliver out-patient mental health services to children ages 5 to 17. Our bilingual psychiatrists, licensed clinician, and promotores de salud offer services to include screening and assessments for behavioral health conditions, medical condition, and social risks. In addition, the clinic runs skilled-based groups.

### Clinical and Enhanced Outpatient Services (EOS)

This home-based clinical program provides youth, 6 to 18, with intensive short-term counseling with a goal of preventing hospitalization. Licensed Clinicians receive referrals from parents, courts, probation officers, school departments, and other mental health or social services agencies.

### Mobile Response and Stabilization Services

MRSS is a brief intervention model with the goal of stabilizing acute crisis situations while providing assessment and referrals to appropriate treatment providers. Those treatment providers will then be able to address the underlying problems that are perpetuating the crisis. Master's level clinicians, behavioral assistants, and a peer support specialists will work to prevent

unnecessary hospitalizations, police interventions and/or out of home placement. Serving ages 2 to 21, youth and their families will remain open for a maximum of 30 days in order to help them stabilize and make a connection to needed services.

### The Tides School

The Tides School strives to be seen as a place of hope, encouragement and success as well as valuable part of the community where families feel the school is making their entire family stronger. Servicing youth between 5th and 12th grade, Tides School believes education encompasses social/emotional development as well so that students from all backgrounds learn the skills necessary to maintain healthy relationships, to establish appropriate boundaries and to resolve conflicts with family, peers and the community.

### Believe in Making Results Program (BMR)

The BMR Program is designed to work with Central Falls and Pawtucket youth ages 6 to 18 and their families who need assistance in several areas including improving family functioning, meeting basic needs, preventing DCYF involvement, developing coping skills, and preventing out of home placement.

