

OUR HISTORY

In 1982, Brother Michael Reis, FSC designed a program that would work to preserve youth in their families and communities providing the support and services they needed at a critical time in their lives. In 1983, Tides Family Services was incorporated as a 501(c) 3 nonprofit organization with a \$10,000 grant from the Diocese of Providence and \$5,000 grant from the Governor's Justice Commission. TFS has been working ever since in order to ensure that no child is given up on or left behind. In 2018, Beth Bixby became the new Chief Executive Officer carrying the mission to what it is today.

OUR VISION

Tides Family Services will be the premier provider of a continuum of comprehensive and preventative services to vulnerable youth and families in the state of Rhode Island. We will be the provider of choice in delivering services that preserve and strengthen families and communities in which they live.



Beth Bixby, MSW, LICSW
Chief Executive Officer

OUR WORK IS **ROOTED** IN THE IDEA OF **HOME-GROWN HOPE**, MADE POSSIBLE BY PROVIDING **SUPPORT TO YOUTH AND THEIR FAMILIES** **WITHIN THEIR HOMES AND COMMUNITIES**

OUR MISSION

Tides Family Services mission is to strengthen vulnerable youth and their families through the provision of high quality educational and community-based services animated by the Lasallian philosophy of care.

OUR VALUES

TEAMWORK

leads to shared success

RESPECT

is about valuing each and all

COMPASSION

nurtures growth

ACCOUNTABILITY

is a shared commitment to excellence

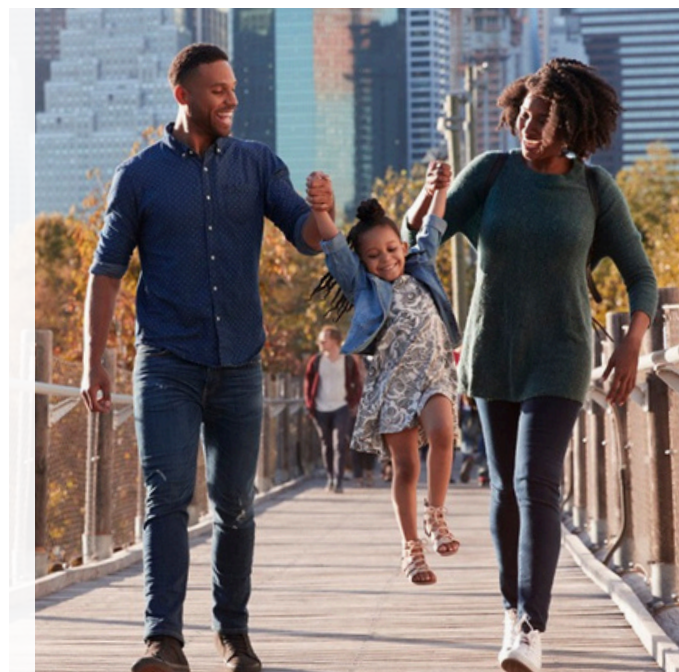


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TIDES FAMILY SERVICES

WE NEVER GIVE UP ON A KID... NEVER!





OUR PROGRAMS

Preserving Families Network (PFN) is an innovative, community based network of care that provides a wide spectrum of programming for a holistic response to families with complex needs. PFN provides in-home children's behavioral health services, including family therapy, that aims to deliver comprehensive and personalized care while recognizing the diverse cultural backgrounds of the families served.

Believe in Making Results (BMR) is a preventative, youth diversion program supporting youth and their families. BMR focuses on improving family function, meeting basic needs, preventing DCYF involvement, developing coping skills, and preventing out-of-home placement.

NEXO Behavioral and Mental Health Clinic delivers outpatient mental health services for BIPOC Youths, ages 5-17. People can access these services even if they don't have health insurance and aren't able to pay. Services offered include screening and assessments for behavioral health conditions, medical conditions, and social risks.

Enhanced Outpatient Services (EOS) is a home-based clinical program providing intensive short-term counseling for youth ages 9-18 to prevent hospitalization. Services include individual and family therapy, care coordination, crisis intervention and stabilization, and flexible scheduling to accommodate families. Referrals come from parents, courts, probation officers, schools, and other agencies.

Tides Outreach Program (TOP) is designed to maintain youth in family-based settings in their community and is based on the belief that all families possess strengths that can be identified and harnessed toward their benefit. The program helps families stay together despite significant stressors while enabling them to build skills leading to their empowerment.

Family Time (FT) is designed to deliver children and youth in out-of-home care safe, meaningful and high-frequency family visitation that strengthens the family, expedites reunification, and improves parenting and child well-being outcomes. FT creates a nurturing environment where families can flourish with an emphasis on maintaining the bond between children and their parents.

Mobile Response and Stabilization Services (MRSS) is a brief intervention model providing an immediate crisis response with the goal of stabilizing family-defined crisis situations followed by a period of stabilization services that provide assessment and referrals to appropriate treatment providers. Those treatment providers will then be able to address the underlying problems that are perpetuating the crisis. Master's level clinicians, behavioral assistants, and a peer support specialist will work to prevent unnecessary hospitalization, police involvement, and/or out-of-home placement.

Intensive Outpatient Program (IOP) supports youth who have struggled to remain at home due to behavioral or substance use issues. This structured program offers intensive therapy and support to help youth manage challenges like addiction, mental health, and behavioral issues, providing more care than typical outpatient services without the need for residential care. The program is located in Pawtucket and is available to youth statewide.

Functional Family Therapy (FFT) is a well-established and evidence-based therapeutic intervention designed to address behavioral and emotional issues within the family system. It is primarily used to work with adolescents and their families, aiming to improve family functioning, communication, and relationships. FFT-G is added to existing teams to address the higher-intensity risk factors associated with gang-involved youth and their families. FFT-G uses the same clinical approach as traditional FFT with an added emphasis on collaboration with community stakeholders with expertise in local communities and gangs.

Youth Transition Center (YTC) is a collaboration between TFS, DCYF, and the Rhode Island Training School (RITS) for youth, ages 13 to 19. YTC helps youth to prepare for release from the RITS or meet the conditions of their probation. It emphasizes responsibility and prevention strategies to avoid re-entry into the Juvenile Justice system.

The Tides School is a special education day school in West Warwick. The program specializes in working with special needs students between 5th and 12th grades who need a smaller, therapeutic setting to reach their educational goals. The Tides School works with local school departments, community groups, and families to ensure that each student has therapeutic services so they have every opportunity to achieve a successful academic experience. The Tides School is a trauma-informed program that works with students challenged by a variety of social and emotional behavioral health-related issues.

The George N Hunt School is a therapeutic day program in Pawtucket that serves special education students with specific social/emotional and mental health needs. The school aims to prepare students to rejoin public schools when they demonstrate readiness. The program offers high staff-to-student ratios and aligns with RI State Common Core Standards, emphasizing Social Emotional Learning (SEL) and Positive Behavioral Interventions (PBIS). School clinicians offer therapeutic aid based on individual needs and IEPs.

Credible Messenger (CM) is a mentoring program addressing the needs of youth who are involved with or at risk of involvement with the juvenile justice system. The program is designed to be adaptable to meet the unique needs of youth with community safety concerns, helping them to reduce the cycle of incarceration. This program harnesses the power of those who have overcome their own involvement in the juvenile or criminal justice systems.

Safe Families provides trauma-focused, community and home based services for children ages 4-18 with sexual abuse histories and sexually reactive behaviors.

Supporting Teens and Adults at Risk (STAAR) provides trauma-focused services to preserve placements, reduce reliance on congregate care, and support survivors of sexual abuse and exploitation, as well as high-risk youth.

7 Challenges is a counseling program for youth that supports decision-making and personal growth while addressing substance use and co-occurring issues. Designed for teens and young adults, it empowers participants to evaluate life choices, understand the impact of substance use, and develop healthier coping strategies.