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“I was apprehensive about calling because I had no idea what the number was for. I just knew my daughter was having a major emotional emergency and I was at an emotional breaking point myself I couldn't figure out where to go and what to do. Within 30 minutes of calling Tides, they were at our door talking to my daughter and helping me set up plans to get to the bottom of what was going on.”

Strengthening youth and their families through educational and community-based services in Rhode Island.

Supporting youth who are facing a mental or behavioral health challenge causing stress that affects the ability to function in their daily life.



TIDES FAMILY SERVICES

WE NEVER GIVE UP ON A KID... NEVER!



Contact Tides



Locations Statewide

West Warwick, Providence,
Pawtucket/Central Falls,
Woonsocket, Wakefield,
Middletown



24/7 MRSS Support

401-615-9374

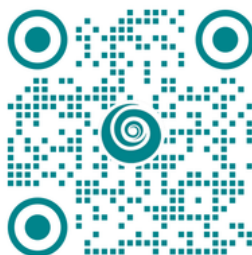


Main Office

401-822-1360

We Are Here To Help

**Community-Based
Support Services**

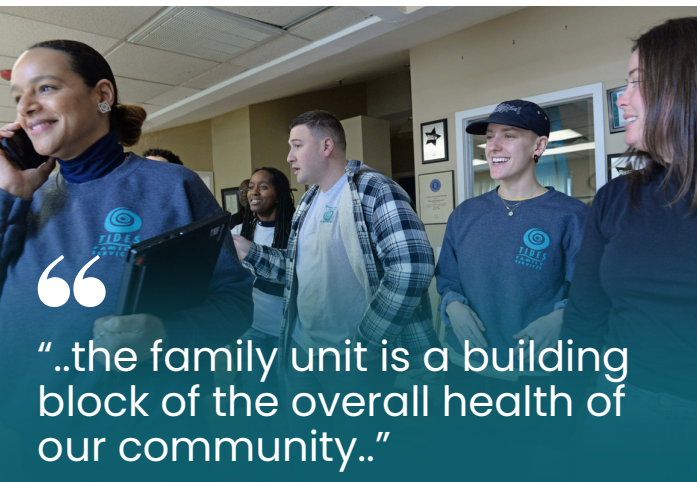


401-822-1360
www.tidesfs.org
contactus@tidesfs.org



**For Children,
Youth &
Families**

Since 1983
Over 40 Years of Experience



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“..the family unit is a building block of the overall health of our community..”

Our Programs

Mobile Response & Stabilization Services

(MRSS) Immediate mental health crisis help and short-term support for youth ages 2-21. Connections to treatment to prevent hospitalization, police involvement, or out-of-home placement. Available 24/7 by calling 401-615-9374.

Nexo Behavioral and Mental Health Clinic

Mental health services for BIPOC youth ages 5–17 and adults 18+ with or without insurance. Services include behavioral and medical screenings, assessments, and social risk evaluations. Located in Pawtucket, available to youth statewide.

Believe in Making Results (BMR)

Helps families build coping skills, meet basic needs, and prevent DCYF involvement or out-of-home placement. Serving youth ages 10-14 (with exceptions) in Pawtucket, Central Falls, Providence, South Kingstown, and Woonsocket.

The Intensive Outpatient Program (IOP)

Helps youth ages 13-17 with behavioral or substance use challenges stay at home by providing intensive therapy and support. This program is structured like an after school program. Located in Pawtucket, available to youth statewide.

MRSS 24/7 Support

 **401-615-9374**



Scan QR code

To learn about our other programs and services



Testimonials



“This resource gave us the confidence and reassurance that as a family we would overcome any obstacles our child will face in these next critical teen years. We are communicating better, understanding our child better and are finding a deeper connection to each other as a whole.”



“With their care and compassion for our family we have been able to navigate through the deeper issues we had no idea that my daughter was dealing with. Not only were they there at any day and time for her, they were there for us as parents.”

@tidesfamilyservices